

Vitälzým dosing for common and chronic conditions:

The dose listed on the label is the maintenance dose for those without complaints. The therapeutic doses listed below are generalizations of what has worked for most consumers of Vitälzým with those conditions. Your final activation dose may vary.

Chronic Fatigue and Fibromyalgia:

3 capsules, 3 or 4 times a day.

Auto Immune Conditions:

During periods of remission: 3 capsules, 2 to 3 times a day. During periods of attack: 5 capsules, 3 times a day.

Osteoarthritis:

Severe: 3 capsules, 3 to 4 times a day.

Moderate: 3 capsules, 2 to 3 times a day.

Mild: 3 capsules, 2 times a day.

Opening Circulation:

5 capsules, 3 times a day for 1 to 3 months; then 3 capsules, 3 times a day thereafter.

New Sprains and Strains:

Severe to Moderate: 5 capsules, 3 times a day for one week; then 3 capsules, 3 times a day.

Chronic Pain:

Severe: 5 capsules, 2 or 3 times a day.

Moderate: 3 capsules, 3 times a day.

Mild: 3 capsules, 2 times a day.

Edema:

Severe: 5 capsules, 3 times a day.

Moderate: 5 capsules, 2 times a day.

Mild: 3 capsules, 2 times a day.

Post-Operative Scar Tissue, Keloids and Fibrosis of the Organs:

5 capsules, 2 times a day for 2 months, then to prevent reoccurrence 3 capsules, 2 times a day.

Traumatic Inflammation:

Severe: 5 capsules, 3 times a day.

Moderate: 3 capsules, 3 times a day.

Mild: 3 capsules, 2 times a day.

Post-Surgical Recovery:

3 capsules, 3 times a day.

To Aid Physical Training:

3 capsules, 2 times a day.

NOTE:

The Food and Drug Administration has not evaluated the above information. This product or the listed information is not intended to diagnose, treat, cure or prevent disease. For all conditions or illnesses see a health professional for a full evaluation, diagnosis and treatment plan.